



Elements



Wellness Suite

*"Relax the mind, renew the body and
revive the soul"*

K A L A H A R I M A S S A G E S

Khoi-Khoi Escape Massage

(40min)

R550

Escape to the dunes of the Kalahari Desert with this deeply relaxing, back and neck massage. The Kalahari massage stones deliver a distinct deep-pressure massage which will leave you feeling relaxed and de-stressed.

Rolling Sand Full Body Massage

(60min or 90min)

R800/R1100

Escape, relax comfort and refresh. Experience complete relaxation with our signature full body massage. Botanical oils in combination with unique massage movements not only enhance skin tone but relieve muscle tension.

Calabash Foot Treatment

(30min)

R350

Sink into deep relaxation with our signature foot treatment that soothes tired, aching feet with authentic, sun-backed Kalahari Calabashes and indulgent aromatic fragrances.

Elements Couples Massage

(60min or 75min)

R1600/R2000 per couple

Bring along your loved one for a synchronized, energy infusing massage. This is a silent massage, and treasure affirmation of the beauty of your partnership. We make use of Kalahari Desert botanical oils. Honour the deep connection that exists between you and your divine loved one and your soul.



E L E M E N T S F A C I A L S

Your delicate face is the outer experience of that which lies deep within. Your skin tells a tale as unique as your fingertips. The secret lies in the correct diagnosis of your skins unique picture. We introduce you to the powerful botanicals of the Kalahari Desert.

Honey Bush Facial

(60min)

R650

Sink into deep relaxation with our unique Kalahari facial that revitalizes dull and dehydrated skin. Your skin will be left silky smooth and deeply moisturized. It's a journey from head to toe as we include a tension relieving foot massage.

Photo Enzyme Compound Facial

(90min)

R850

Rejuvenation at its best tailored for your skins unique conditions. Shedding of outer layer of skin to reveal youthful, radiant glowing skin. Effective mild peel that penetrates deeper within by use of organic botanicals to improve moisture levels and skin texture.

Finishing Touches

Eye Brow Tint

(15 min)

R80

Lash Tint

(25min)

R100

Eye Brow and Lash Tint

(30 min)

R150



ELEMENTS BODY RITUALS

Desert Glow Exfoliation

(45min)

R550

Unveil lustrously smooth skin with a personalized blend of the desired Kalahari exfoliation medium and a hydrating blend of nourishing botanical oils. Buff away dry dull skin to reveal your unique desert glow.

Glow Wrap Ritual

(1h30min)

R1200

Start your journey with a full body exfoliation of your choice followed by botanical clay mask used as a cocoon wrap treatment this antioxidant rich power base mask is infused with red bush tea extracts that is natural and refreshing.

HANDS AND FEET

Golden Kalahari Manicure

(60min)

R300

Soaking of hands in bronze salt crystals, removing of dead skin cells with a luxurious soft exfoliator. Cuticles to be cured and nails to be buffed to a shine ended off with the perfect nail varnish chosen by you.

Golden Kalahari Pedicure

(60min)

R400

For tired feet to be cured to shine, soaking of feet in bronze crystals, removing of dead skin cells with a sugar exfoliator. Cuticles cured and nails buffed to a shine finished off with the perfect nail varnish chosen by you.

Golden Kalahari Manicure and Pedicure

(120min)

R600

Cancellation Policy

Please provide Elements Wellness Suite with a minimum of 2 hours' notice when rescheduling your appointment (s). If a 2 hour cancellation is not provided 50% of the total treatment value will be charged.

